



## While Waiting (Paperback)

By George Verrilli

Griffin Publishing, United States, 2003. Paperback. Book Condition: New. 3rd. 229 x 175 mm. Language: English . Brand New Book. Third Revised Edition A fully revised, expanded edition of the book that millions of women and care providers have depended on for facts about pregnancyMore than 4.5 Million Copies SoldWritten by an obstetrician and a mother: The information you need to know about pregnancy, labor, and delivery. With more than four and a half million copies in print, the must trusted prenatal guidebook in America is now newly revised, updated, and expanded. It includes: - Questions to ask your care provider- Explanations of medical terms and procedures- Helpful exercises and tips for staying fit, healthy, and comfortable- Record-keep sections- Warning signs to watch for- Expanded and updated coverage of pain relief, prematurity, Caesarean delivery, birthing positions, and other key topics. The book is arranged in an easy-to-use format with space to keep track of prenatal appointments, notes and questions, and any special instructions for personal care.



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