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Broken in Plain Sight: A Story of Truth, Healing, and Love

By Bridgette Collins

Paperback. Book Condition: New. Paperback. 330 pages. An intriguing and creative novel-like self-help book that peels back the masks of broken hearts to assist in healing individuals mind, body, and spirit. Motivational Speaker, Author and Fitness Guru Bridgette Collins taps into the world of broken hearts and battered souls through her new book, *Broken In Plain Sight*. During dinner with his Uncle Bert, fitness and lifestyle coach, Trevor MacElroy heard Gods voice and knew it was time to help his Uncle fulfill a past request. State Representative and business owner, Bert Spencer, was a self-made millionaire residing in Houston, Texas. He had recently confessed his growing guilt and regret for abandoning his deceased sister, Saddie, over 40 years ago. In 1970, Saddie was a struggling, young, single mother with four girls. Her inability to make ends meet led Saddie to ask her brother Bert for help. His refusal of support left Saddie hurt, broken and unable to save her girls from lives of murder, incest, physical abuse and mental illness as a result of poverty. Bert now wants to turnaround the lives of Saddie's grandchildren as he seeks peace from what he believes was the greatest mistake he ever made....



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