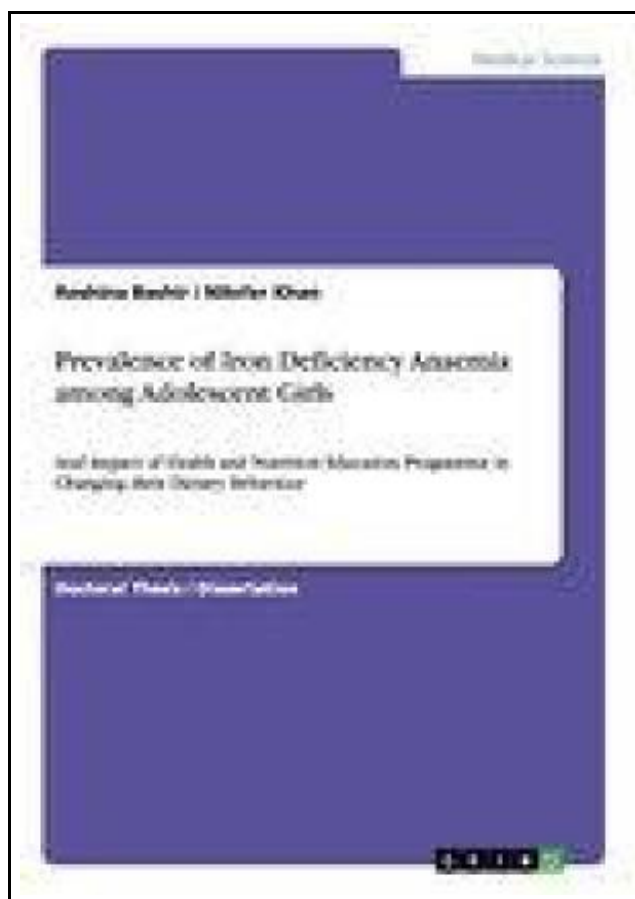


Prevalence of Iron Deficiency Anaemia among Adolescent Girls



Filesize: 5.65 MB

Reviews

Extensive manual! Its such a great read. It really is loaded with knowledge and wisdom You wont really feel monotony at at any time of your time (that's what catalogs are for regarding if you ask me).

(Myrl Hintz)

PREVALENCE OF IRON DEFICIENCY ANAEMIA AMONG ADOLESCENT GIRLS



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GRIN Verlag Mai 2013, 2013. Taschenbuch. Book Condition: Neu. 211x149x15 mm. This item is printed on demand - Print on Demand Neuware - Doctoral Thesis / Dissertation from the year 2013 in the subject Nutritional Science, grade: A, The University of Kashmir (institute of Home Science), course: M.Phil, language: English, comment: The purpose of the study is to examines the PREVALENCE OF IRON DEFICIENCY ANAEMIA AMONG ADOLESCENT GIRLS AND IMPACT OF HEALTH AND NUTRITION EDUCATION PROGRAMME IN CHANGING THEIR DIETARY BEHAVIOUR. , abstract: The present study was conducted to determine the prevalence of iron deficiency anaemia among adolescent girls and impact of health and nutrition education programme in changing their dietary behaviour. A sample of 200 adolescent girls was selected from different government schools of district Srinagar in order to arrive at dependable conclusion. A structured interview schedule was prepared and simple language was used but still in some schools questions had to be explained in local Kashmiri language to obtain appropriate information from the respondents. The study reveals that:1.While analyzing the heights (cm) for adolescent girls both in normal and anaemic group it was found that there is statistically significant difference between the adolescent girls of particular age group (15 years) and recommended values. In case of weights (kg) there is insignificant difference between the adolescent girls and recommended values. 2.The BMI analysis of adolescent girls showed that 64.7% of the subjects had low weight, 56.9% had normal weight and 33.3% subjects were overweight. 3.Majority of the adolescent girls were found to be anemic. The baseline hemoglobin level of the adolescent girls was $9.8 \pm 1.7\text{g\%}$. After three months of intervention of Health and Nutrition Education Programme, the hemoglobin levels were increased and the levels were between $10.4 \pm 1.4\text{g\%}$.4.The clinical assessment of the adolescent girls showed the signs of nutritional deficiencies. The...



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