



10 Day Green Smoothie Cleanse: Detox Your Body with 10 Day Green Smoothie Cleanse and Lose Weight with Low Carb Cookbook (Smoothies, Green Smoothie Recipes, Low Carb, Paleo Diet, Paleo Recipes) (Paperback)

By Julia Gilbert

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm.

Language: English . Brand New Book ***** Print on Demand *****.10 Day Green Smoothie CleanseSale price. You will save 66 with this offer. Please hurry up!Detox Your Body with 10 Day Green Smoothie Cleanse and Lose Weight with Low Carb Cookbook (smoothies, smoothie recipes, low carb)10 Day Green Smoothie CleanseHow To Detox Your Body, Lose Weight And Increase Your Energy With Delicious Green Smoothie. Best Smoothie CookbookAre you tired of feeling sluggish, tired, and downright unhealthy? Would you like to try out a cleanse but you're not sure how to go about it? Then you should pick up this book on the detoxifying green smoothie diet! The green smoothie diet consists of smoothies made with green leafy vegetables and additional fruits to sweeten them up for your enjoyment. These smoothies are delicious and amazing for your body, giving you health benefits that you never thought changing your diet could give. Detoxifying diets are great for your hair, skin, nails, and your overall well-being. Here is a preview of what you'll learn:How to do a full cleanse for ten days. How to do the modified cleanse...

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